

Answers to Frequently Asked Questions

To Find a Planfirst Provider

Call the Planfirst hotline toll-free at 1-888-737-2083 or go to www.medicaid.alabama.gov and look under Family Planning/Plan First for the Planfirst program provider list.

- You must recertify for Planfirst every year on a form that will be mailed to you. You must complete and return it to the address listed on the form by the date indicated so you can keep receiving Planfirst services.
- All county health departments have Planfirst Care Coordinators who will be happy to help with your birth control method, including doing things such as providing reminders when you need to come for your next visit.
- Planfirst does not pay for pain medication after a tubal ligation. You will need to talk to your doctor about any medication that may be needed.
- Planfirst pays for family planning services only. For treatment of high blood pressure and other medical conditions, you can go to a Community Health Center that provides primary care on a sliding fee scale based on your income. For information on services offered by Planfirst or by Community Health Centers, call toll free 1-888-737-2083.
- Planfirst is for women only and does not cover vasectomies. You can ask your county health department if its Family Planning Program will pay for a vasectomy.

We are glad you have chosen to Planfirst!



A Family Planning Program
for Women Ages 19-44



- Yearly family planning exam
- Care support from a social worker or nurse
- Some types of birth control such as pills and Depo-Provera shots
- Tubes tied for women 21 or older
- Lab work such as testing for pregnancy and STDs
- Help in planning when to have a baby

Planfirst Requirements

- Live in Alabama
- Be a U.S. citizen or be in this country legally
- Be a woman between the ages of 19 and 44
- Have not had surgery to prevent pregnancy
- Meet income requirements
- When applying you will need to provide proof of identity such as a driver's license and proof of citizenship such as a birth certificate.



Family planning can help you and your family have a better life.

- Mothers and babies have a better chance of being healthy.
- Parents can better provide for their family, both financially and emotionally.
- Children get more time and attention.



What's Not Covered

Primary Care/Medical Services
Planfirst covers family planning services only. You can receive primary care/medical services at any community health center. For more information about Alabama's community health centers, call the Planfirst Hotline toll-free at **1-888-737-2083**.



Call Toll-Free

Most women who have children on SOBRA Medicaid are automatically enrolled in Planfirst.

If you or your children are not on SOBRA Medicaid, you may still be eligible for Planfirst.

Call Toll-Free 1-888-737-2083 for more information and for the Planfirst providers in your area.

